



Healthy World - Sedona



Potato Salad

Salad

6 medium to large potatoes (Red, Yukon Gold, Russet - whatever you have), cubed with peels on, and boiled until just tender - do not overcook

1 bunch of green onions, chopped

1 can or jar of black or kalamata olives, sliced

$\frac{1}{2}$ cup roasted red pepper, sliced

1 cup chopped dill pickles

Dressing:

Vegan Mayonnaise - $\frac{1}{2}$ cup or to taste (I use the excellent tofu cashew mayonnaise recipe in the PlantPure Nation Cookbook - included on a separate page)

1-2 tablespoons yellow mustard

Salt to taste if desired

Dash of cayenne pepper

Mix all and taste to adjust seasonings. Refrigerate. It gets better as it sits and the flavors meld.

The proportions are approximate (I've never really measured), so use what looks right to you). You can add other veggies according to what you like - celery, bell pepper, cherry tomatoes - feel free to be creative