## Envisioning the Northern Arizona Brain Health Initiative Meeting Agenda May 25, 2-4 p.m.

## Sedona Public Library Community Room

- Introduction to the Healthy Minds Initiative and the Northern Arizona Brain Health Initiative Dean and Ayesha Sherzai (via Skype) (15 min.)
- Vision for NABHI
  - What would a brain healthy Northern Arizona look like? (small groups/large group report out) (20 min.)
- SWOT Analysis (small groups/large group report out) (40 min.)
  - What are our current strengths? (What elements of the vision are already in place?)
  - o What are our weaknesses? (What is missing?)
  - What are our opportunities? (What can we build on to create the vision?)
  - What are our threats? (What could prevent us from creating the vision?)
- Project Ideas (30 min.)
  - What are potential projects to build on strengths, capture opportunities, eliminate weaknesses or minimize threats?
  - Rate projects based on:
    - Impact
    - Community engagement
    - Achievability in a short timeframe (6-12 months)
    - Financial costs
    - Alignment with the vision
- Next Steps (15 min.) Including Sherzais via Skype